



### Pre-Treatment Instructions for SkinPen- Microneedling

SkinPen is an FDA-approved micro-needling device approved for the treatment of acne scars in patients 22 years and older. With the highest level of safety and medical-grade quality, SkinPen precisely delivers thousands of micro punctures to the skin, stimulating the growth of new collagen and elastic fibers (Collagen Induction Therapy). Over time, this helps to improve the appearance of scars, fine lines, pores, uneven pigmentation, and overall skin texture. Redness and swelling (like a sunburn) are common for 1 to 3 days but may last longer. A series of treatments provide the best results; improvement is gradual and may continue months after treatment.

- Avoid excessive sun exposure 24 hours prior to the procedure.
- Treatments are not able to be completed over sun burned skin.
- Discontinue the use of topical retinoids 24 hours prior to the procedure.
- Avoid treatment on patients with active breakouts or open lesions.
- Allow at least 24 hours after autoimmune therapy before a SkinPen® Precision treatment.
- Wait six months following oral Accutane use.

826 Main Street, Klamath Falls, OR, 97601

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### **Post-treatment Instructions for Skin Pen- Microneedling**

- Avoid sun exposure, exercise, sweating and excessive heat exposure until post treatment redness has resolved.
- You may take Tylenol as needed for discomfort.
- We recommend using the Epionce Essential Recovery Kit starting the day of your treatment. The kit contains specific instructions for product use.
- Do not resume Retinol product use for 7 days following treatment.

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