



Pre-Treatment Instructions for Chemical Peels

ONE WEEK BEFORE YOUR PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal
- Patients who have had Botox injections should wait until the full effect of their treatment is seen before receiving a Peel

ONE WEEK BEFORE YOUR PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Retin-A, Renova, Differin, Tazorac
- Any products containing retinol, alpha-hydroxy acid (AHA- Glycolic Acid, Mandelic Acid, Lactic Acid) or beta-hydroxy acid (BHA- Salicylic Acid) or benzoyl peroxide,
- Any exfoliating products that may be drying or irritating
- Patients who have had medical cosmetic facial treatments or procedures (e.g. laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc) should wait until skin sensitivity completely resolves before receiving a Peel

Note: The use of these products/treatments prior to your peel may increase skin sensitivity and cause a stronger reaction.

826 Main Street, Klamath Falls, OR, 97601

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Post-Treatment for Chemical Peels

- Keep skin well hydrated.
- Let your skin exfoliate naturally. DO NOT pick or peel the affected area, or scarring may occur.
- Avoid prolonged sun exposure and avoid excessive heat, hot rooms, and hot water temperature. Use sunscreen as directed.
- Avoid the use of Retin-A, AHA/BHA or similar products for one week following your procedure unless instructed otherwise.
- Do not use laser or similar methods of hair removal (wax/depilatories) for 48 hours following your procedure.
- If no signs of irritation are present, you may shave the treated area 24 hours after your procedure.

What you can expect:

- You may experience a variable amount of stinging and tightness, but these symptoms should subside within 24-48 hours after your procedure.
- Temporary skin discoloration, dryness, and flaking, specifically around the nose and lips, will occur for 24-48 hours after your procedure.
- Rarely some patients may experience mild swelling of the treated area.

Contact us if you experience:

- excessive and/or increased redness, burning, irritation, extreme tenderness, and/or "crusting" of the skin
- nausea, dizziness, disorientation, fever, and/or extreme headache
- severe contact reaction/persistent localized discomfort
- blistering

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