



Pre-Treatment Instructions for SkinPen- Microneedling

SkinPen is an FDA-approved micro-needling device approved for the treatment of acne scars in patients 22 years and older. With the highest level of safety and medical-grade quality, SkinPen precisely delivers thousands of micropunctures to the skin, stimulating the growth of new collagen and elastic fibers (Collagen Induction Therapy). Over time, this helps to improve the appearance of scars, fine lines, pores, uneven pigmentation, and overall skin texture. The skin may be treated with an anesthetic prior to the procedure to reduce discomfort, which tends to be mild but may vary from person to person. Redness and swelling (like a sunburn) are common for 1 to 3 days but may last longer. A series of treatments provide the best results; improvement is gradual and may continue months after treatment.

- Avoid excessive sun exposure/burns 24 hours prior to the procedure.
- Discontinue the use of topical retinoids 24 hours prior to the procedure.
- Avoid treatment on patients with active breakouts or open lesions.
- Allow at least 24 hours after autoimmune therapies before a SkinPen® Precision treatment.
- Wait six months following oral isotretinoin use.
- Although not seen in the clinical study, in Fitzpatrick IV–VI, the pigment may darken prior to lightening.

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Post-treatment Instructions for Skin Pen- Microneedling

- Skinfuse Lift Hg will be applied before you leave the office for skin hydration.
- Continue Skinfuse Lift Hg as needed for hydration and discomfort.
- Avoid sun exposure, exercise, and sweating.
- You may take Tylenol as needed for discomfort.
- Do not apply any other products to the skin except Lift Hg and vinegar soaks for 24 hours.

Post-treatment days 2-7

- Start using a moisturizer for continued hydration.
- Minimize sun exposure for 3 additional days after treatment.
- May resume makeup routine on the day
- Wash with a gentle cleanser like Skin Medica's Facial cleanser using just your fingertips starting on day
- We can customize a skin regimen for you. May resume normal skin care products
- You may resume Retinol products starting on day 7

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