

## **Pre-Treatment Instructions- Hyfercator**

The HYFRECATOR® 2000 can destroy a variety of benign skin lesions. With its wide range of power settings, the HYFRECATOR® 2000 treats even the most delicate facial lesions as well as the thickest scaling lesions of the trunk.

The Hyfercator can treat the following:

- Skin tags, Cherry Hemangiomas
- Benign Legions such as:
  - o Seborrheic Keratosis
  - Fibromas
  - Sebaceous Hyperplasia
  - Warts
  - Seborrhoeic Warts

Use SPF 30 for any necessary sun exposure

Treatments to Avoid- 2 weeks prior to appointment:

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- Laser, IPL
- chemical peels
- Microdermabrasion
- Exfoliators & scrubs

All treated areas have completely healed.

Do not smoke or drink alcohol for two hours beforehand. Remove all makeup, lotions, or oils from the face or other areas to be treated one hour before treatment with a gentle CLEANSER. Areas to be treated must be closely shaved or without hair. Multiple treatments may be needed for optimal results

DURING THE TREATMENT: Some patients may experience discomfort including but not limited to a snapping, hot, or tingling sensation. Comfort measures are available prior to and during treatment.



## **Post-Treatment Instructions- Hyfercator**

Do not smoke or drink alcohol for two hours after.

Absolutely no intentional sun exposure or sunburn during the course of treatment.

Daily use of sunscreen SPF of 30 or higher is recommended.

Hydrocortisone is recommended. Keep skin moisturized and use only gentle skin care products Do not use exfoliators, scrubs, microdermabrasion, chemical peels, IPLS, or lasers for 2 weeks after treatment and/or until all treated areas completely healed with no pinkness, crusting, or scabs. Do not pick at any crusty lesions or scabs, allow them to fall off on their own.

The treated area will scab for 7-10 days. Do not pick, peel, rub, scrub, or irritate your skin in any way while it is healing, as this may cause scarring. Especially dry areas should be kept hydrated with Aquaphor or a product recommended to you by your provider.

- Avoid heat, saunas, hot tubs, and sweaty activity for 1-2 days; this includes exercise of any kind.
- You may resume your regular skincare routine 5 days after treatment once the area is healed. If scabs or irritation are still visible after 5 days, please call our office.

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