



## Post Chemical Peel Procedure Care

### Important Post-Procedure Care to Follow:

- Continue taking all prescribed medications unless otherwise directed.
- Keep skin well hydrated.
- Let your skin exfoliate naturally. DO NOT pick or peel the affected area, or scarring may occur.
- Avoid prolonged sun exposure and avoid excessive heat, hot rooms and hot water temperature. Use sunscreen as directed.
- Avoid use of Retin-A, or similar products for 48 hours following your procedure unless instructed otherwise.
- Do not use laser or similar methods of hair removal (wax/depilatories) for 48 hours following your procedure.
- If no signs of irritation are present, you may shave treated area 24 hours after your procedure.

### What you can expect:

- You may experience a variable amount of stinging and tightness, but these symptoms should subside within 24-48 hours after your procedure.
- Temporary skin discoloration, dryness and flaking, specifically around the nose and lips, will occur for 24-48 hours after your procedure.
- Rarely some patients may experience a mild headache.
- Rarely some patients may experience mild swelling of the treated area.

### Contact us if you experience:

- excessive and/or increased redness, burning, irritation, extreme tenderness and/or "crusting" of the skin
- nausea, dizziness, disorientation, fever and/or extreme headache
- severe contact reaction/persistent localized discomfort
- blistering

Notes and Special Instructions: \_\_\_\_\_  
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