



PRE treatment Instructions for Laser Hair Removal

- **Area must be shaved 24 hours prior to your appointment.**
 - The closer the shave the better. If it is your first time, leave a small patch of hair so that your specialist can exam it. (Your Laser Artist will shave it down before beginning the treatment!)
 - Bikini services, don't shave the part where you want to keep the hair.
- **No makeup/lotion/deodorant on the day of your appointment** (on treatment area).
- **Stay out of direct sunlight for at least 3 days prior to your appointment (& 3 days after).**
- **Do not use self-tanner or spray tan products for at least 2 weeks before your treatment to avoid potential injury.**
- **Avoid drinking more than 2 alcoholic beverages 24 hours before your treatment .**
- **Avoid waxing/threading/tweezing in the area for at least 4 weeks.**
Shaving is ok!

- important notes: (1) laser services cannot be performed on ladies who are pregnant, breastfeeding or trying to conceive. (2) bikini laser services will not be performed on menstruating clients.