



PRE treatment Instructions for RESURFX

- You must have had no sun exposure 1 month prior to treatment
- Discontinue any retinoid products 5 days prior to treatment (also 5 days post treatment.)
- Arrive to your appointment 20 minutes prior for numbing of the area
- Shave the area if there is hair. If you have a beard, trim to what would be equivalent to a "2 day shadow."
- Arrive clean faced without make-up, moisturizers or lotions
- Wear or bring a button down shirt so as not to pull anything over the face or across the body after treatment