



ResurFX™ Post Treatment Instructions

- Wear sunscreen EVERY DAY - rain or shine! Stay completely out of the sun until your skin has healed.
- Use your provider prescribed skin care products as directed. You should plan to always use these same products, even after you have achieved your desired results. This is to protect your skin AND your investment!
- Your skin will burn for up to 2 hours. Apply cold packs to soothe the discomfort. As this sensation passes, it will feel like a sunburn.
- For the next 5 days wash with the provider cleanser, using finger tips only. Apply the provider supplied hydrating lotion several times a day.
- Expect your skin to be puffy, especially around the eyes. Sleeping propped up on extra pillows helps alleviate this. Some patients will get significant swelling depending on their individual reaction to the treatment.
- Small bumps that resemble white-heads may appear. DO NOT pick them, they typically disappear within 24-72 hours.
- If your skin feels tight and itchy over the counter Hydrocortisone 1% Cream may be used for relief.
- Your skin will be flaky, dry and may start peeling or sloughing around day 3. DO NOT pick at it.

This process is very similar to lifting weights in order to build muscle. When you lift weights you are breaking down muscle fibers that will regenerate into stronger/leaner tissue.

Rebuilding collagen to create tighter/smooter skin is very similar. Wrinkles and skin laxity are caused from loss of collagen elasticity that happens with age, sun damage and smoking. The heat that is infused into your skin by this laser helps to breakdown your existing collagen which will begin to regenerate within a month and will gradually smooth out your skin.

Be patient, it will take months for your collagen to regenerate to its full potential and will take multiple treatments in many cases. The results for your tone and texture are noticeable over the first few weeks